



**Elsa Elbert**  
Owner & Chief Organizing Officer

...transforming homes from the “chaos of clutter” to the simplicity of a beautifully organized space.



COMPOSED LIVING®

Composed Living is a Los Angeles-based professional organizing company.

We believe that putting sustainable, easy-to-maintain solutions in place not only saves you time and money, but also allows you to focus your energy on the things - and people - you love.

## Get to Know Composed Living

Before dedicating her life to creating organized spaces, Elsa worked for many years as a head of customer service & operations.

Her passion for creating simple processes and effective organizational tools, combined with her love of gorgeous interior designs, inspired her to create Composed Living in 2016.

Elsa has a master's degree in Organizational Leadership, which she puts to good use leading her clients through the emotional & physical challenges of creating an organized life. A SoCal native, she currently resides in Encino with her husband and their children.

### PRESS & CLIENTELE

Elsa has been featured in many articles and interviews by renowned publications like [Travel and Leisure](#) and [Reader's Digest](#), [ApartmentTherapy](#), [MyDomaine](#), and [mindbodygreen](#) as well as collaboration and appearance on [HGTV's Build Me Up](#) TV series.

Through her 5 years in growing Composed Living, Elsa has worked with a wide range of clientele. From social media influencers to actors and creatives, from house makers to professionals across Los Angeles, her base has grown on account of her refreshing approach to organizing spaces along with her lifestyle savvy.

### PAST SPEAKING ENGAGEMENTS

Elsa is passionate about helping people get organized, and has shared her expertise on panels with Alliance of Moms, The Causebar, and as a workshop leader on retreats. Most recently, Elsa hosted a 2-part workshop for [DineBrand](#) employees to educate on the benefits that organization has on mental health. As a former VP of Customer Experience leading teams of 100+, Elsa is very comfortable addressing large crowds and keeping audiences engaged.

### TOPICS & DOWNLOADABLE PDFS

- ❑ 30 Days to Clutter Free Living ([PDF](#))
- ❑ Emergency Preparedness Checklists ([PDF](#))
- ❑ Small Space Hacks ([PDF](#))
- ❑ Repurpose to Reduce Clutter: 10 Ways ([PDF](#))

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To learn more about Composed Living or to inquire about booking workshops, webinars, or speaking engagements, visit our website: [www.composedliving.com](http://www.composedliving.com) or [email Elsa directly HERE](#).